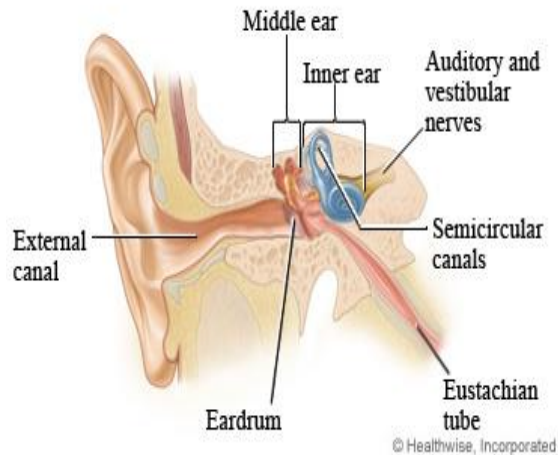


Precautions in CSOM

(PERFORATED EARDRUM)



- If your doctor prescribed antibiotics, take them as directed. Do not stop taking them just because you feel better. You need to take the full course of medicines.

Keep your ears dry.

- Take body bath with head protected with shower cap.
- When you wash your hairs, use cotton lightly coated with petroleum jelly as an earplug. Do not use plastic earplugs.
- Do not swim until your doctor says you can.
- Do not put anything into your ear canal. For example, do not use a cotton swab to clean the inside of your ear. It can damage your ear. If you think you have something inside your ear, ask your doctor to check it.